

## Quarterly Wellness Success Story



### We Helped Save A LIFE in the Fall of 2007!!!

- Mr. Participant came to our free Annual Wellness Fair.
- Annual Wellness Fair included a health risk assessment (H.R.A.), biometrics, flexibility and BMI testing.
- Unusual blood numbers cause for immediate action with occupational doctor.
- Mr. Participant was pre-registered at the local hospital that day and had a major heart procedure that saved his life.

Goal #1 of the Wellness Plan: Save A Life Or Improve Quality of Life

*And we BELIEVE you can ACHIEVE success with Wellness too...*